

# CPSA DAPTO SENIORS' CD

## Table of Contents

About this file:.....	1	LibO_3.4.4_Win_x86_install_multi.exe	7
7-Zip 7z920.exe.....	2	LibO_3.4.4_Win_x86_helppack_en-	
Areca-7.2.1-win32-setup.exe.....	2	GB.exe.....	8
Audacity-win-1.2.6.exe.....	2	Lightning-1.0b5-sm+tb-windows.xpi...8	
British_english_dictionary-1.19.1-		Malwarebytes mbam-setup-	
fx+tb+sm.xpi .....	3	1.51.1.1800.exe.....	8
BRUSetup_WinNTx86.exe.....	3	MP3BookHelper2.3.4.exe.....	8
Calibre-0.x.xx.msi.....	3	Mp3gain-win-1_2_5.exe.....	8
Cdex-win32-1.70-b4-2009.exe.....	4	Mp3tagv249setup.exe .....	9
CleanIt20.exe.....	4	OOo Open Office GettingStarted.pdf...9	
Dvdshrink32setup.zip.....	4	Open Office Ch 3 Templates and	
English_australian_dictionary-2.1.1-		Styles.pdf.....	9
fx+tb+sm.xpi.....	5	PortableApps.com_Suite_Setup_1.6.1_E	
ePUBeePUBDRMRemoval.exe.....	5	nglish.exe.....	9
Eraser 6.0.8.2273.exe.....	5	Startup Inspector isw2.exe.....	9
FoxitReader502.0718_enu_Setup.exe ...5		Thunderbird Setup 5.0.exe.....	10
FreemakeVideoConverter2.3.3.0.exe...5		Tippl0win_v2-1-0.exe.....	10
Gimp-2.6.11-i686-setup-1.exe.....	6	TreeSize Free V2.51.....	10
GNUCash 2.4.8-setup.Exe.....	6	TypeFaster-v0.4.2-install.exe.....	10
Java jre-6u26-windows-i586-s.exe.....	6	Utorrent.exe.....	10
KeePass-1.20-Setup.exe.....	6	VLC-1.1.11-win32.exe.....	10
Lame3.98.4.zip.....	7	Don't Forget:.....	10

### **About this file:**

It contains brief descriptions of most of the program files contained on Dapto Seniors' CD. All these programs are 'freeware' and may be freely distributed.

**Note:** to install some of these programs on your computer you need to be connected to the Internet, however for most this is not necessary. Also be aware that some programs will have been updated since this disk was created so it is worth checking to see if a later version is available. For the same reason the version numbers in this list may not match those of the software which will be the latest available at the time.

## **7-Zip 7z920.exe**

**7-Zip** is a file archiver with a high compression ratio.

Supported formats:

- Packing / unpacking: 7z, XZ, BZIP2, GZIP, TAR, ZIP and WIM
- Unpacking only: ARJ, CAB, CHM, CPIO, CramFS, DEB, DMG, FAT, HFS, ISO, LZH, LZMA, MBR, MSI, NSIS, NTFS, RAR, RPM, SquashFS, UDF, VHD, WIM, XAR and Z.
- For ZIP and GZIP formats, 7-Zip provides a compression ratio that is 2-10 % better than the ratio provided by PKZip and WinZip
- Strong AES-256 encryption in 7z and ZIP formats
- Self-extracting capability for 7z format
- Integration with Windows Shell
- Powerful File Manager

## **Areca-7.2.1-win32-setup.exe**

Areca is back up software it basically allows you to select a set of files / directories to back-up, choose where and how (as a simple file copy, as a zip archive, ...) they will be stored, and configure post-backup actions (like sending backup reports by email or launching custom shell scripts)

It has been designed to :

- Be as simple as possible to set up : No complex configuration files to edit - Your backup configuration (which is stored as an XML file) can be edited with Areca's graphical user interface.
- Be as versatile as possible : Areca can use advanced backup modes (like "delta backup") or simply produce a "basic" copy of your source files as a standard directory or zip archive (readable by WinZip or other archivers).
- Allow you to interact with your archives and the files they contain : Track different versions of a specific file, browse your archives, recover or view specific files, merge a set of archives, ...

## **Audacity-win-1.2.6.exe**

Audacity is a sound editor it will import sound files, edit them, and combine them with other files or new recordings. Export your recordings in several common file formats.

- Import and export WAV, AIFF, AU, and Ogg Vorbis files.
- Import MPEG audio (including MP2 and MP3 files) with libmad.
- Export MP3s with the optional LAME encoder library.
- Create WAV or AIFF files suitable for burning to CD.
- Import and export all file formats supported by libsndfile.
- Open raw (headerless) audio files using the "Import Raw" command.

Note: Audacity does not currently support WMA, AAC, or most other proprietary or restricted file formats.

## **Editing**

- Easy editing with Cut, Copy, Paste, and Delete.
- Use unlimited Undo (and Redo) to go back any number of steps.
- Very fast editing of large files.
- Edit and mix an unlimited number of tracks.
- Use the Drawing tool to alter individual sample points.
- Fade the volume up or down smoothly with the Envelope tool.

## ***British\_english\_dictionary-1.19.1-fx+tb+sm.xpi***

Dictionary for use with Mozilla programs ie Thunderbird, Firefox

## ***BRUSetup\_WinNTx86.exe***

Bulk Rename Utility is a free file renaming software for Windows. Bulk Rename Utility allows you to easily rename files and entire folders based upon extremely flexible criteria.

For beginners it can look a little daunting but experimenting with individual parts of the programs soon reveals its flexibility and ease of use.

- Add date/time stamps, replace numbers, insert text, convert case, add auto-numbers, process folders and sub-folders....plus a whole lot more!
- Rename multiple files quickly, according to many flexible criteria.
- Rename files in many ways: add, replace, insert text into file names. Convert case, add numbers. Remove or change file extensions.
- Check the detailed preview before renaming.
- Rename photos using EXIF meta data (i.e. "Date Picture Taken", "Resolution" and other information embedded in all JPG photo files) Rename your holiday pictures from a meaningless DSC1790.jpg to NewYork1.jpg in a flash.
- Rename MP3 files using ID3 tags (a.k.a. MP3 ID3 tag renaming).
- Change files' creation and modification time stamps.

## ***Calibre-0.x.xx.msi***

Calibre is a free and open source e-book library management application developed by users of e-books for users of e-books. It has a cornucopia of features divided into the following main categories:

- Library Management
- E-book conversion
- Syncing to e-book reader devices
- Downloading news from the web and converting it into e-book form
- Comprehensive e-book viewer
- Content server for online access to your book collection

### **Cdex-win32-1.70-b4-2009.exe**

CDex can extract the data directly (digital) from an Audio CD, which is generally called a CD Ripper or a CDDA utility. The resulting audio file can be a plain WAV file (useful for making compilation audio CDs) or the ripped audio data can be compressed using an audio encoder. Many encoders are supported - eg MP3, OOG etc.

In addition, WAV files on the hard drive can be converted to a Compressed Audio File (and visa versa). CDex also supports many audio file tag formats like the ID3V1 and ID3V2 tags, which can be automatically inserted as part of the ripping process.

#### **Feature List**

- Direct recording of multiple tracks
- Read / store album information from/to the cdplayer.ini file
- Read / store album information from/to a local and/or remote CD Database (CDDB)
- Support CD-Text (if your CD-drive supports it)
- Advanced jitter correction (based on the cd-paranoia ripping library)
- Indicates track progress and jitter control
- Normalisation of audio signal
- Supports many CD-Drive from many manufacturers
- Conversion of external WAV files
- Support for M3U and PLS play list files
- Best of all, it's free (GPL license, source code available)
- Several languages are supported

### **CleanIt20.exe**

CleanIt is a small but useful freeware program that is automatically executed when you start your computer and cleans all lost temporary files and folders from your TEMP directory. It also check correctness of your %TMP% and %TEMP% environment variables and inform you if any wrong settings happen.

### **Dvdshrink32setup.zip**

DVDShrink is software to backup DVD discs. You can use this software in conjunction with DVD burning software of your choice, to make a backup copy of any DVD video disc. It will strip all the digital rights management component and country coding from your DVD as well as shrink it to enable you to back it up on a writeable 4.7Gb DVD.

DVDShrink will also burn your backup DVD, if you have installed the latest version of Nero. If you already possess alternative burning software and prefer to stick with it, then you can still use DVD Shrink. The output from DVDShrink can be saved as files on your hard drive, which you can then burn with software of your choice.

### ***English australian dictionary-2.1.1-fx+tb+sm.xpi***

Dictionary for use with Mozilla programs ie Thunderbird, Firefox.

### **[ePUBeeePUBDRMRemoval.exe](#)**

Best ePUB DRM Removal freeware- ePUBee!

The first software to remove DRM protections from adobe digital editions with no quality losing. Just remove ePUB files DRM header, no change on the files. Then read the ePUB on iPad, iPhone, iTouch, Sony Reader, Android, Kobo, Nook etc.

ePUBee DRM Removal helps you remove DRM from ePUB as easy as ABC.

### **[Eraser 6.0.8.2273.exe](#)**

Eraser is an advanced security tool for Windows which allows you to completely remove sensitive data from your hard drive by overwriting it several times with carefully selected patterns.

### **[FoxitReader502.0718\\_enu\\_Setup.exe](#)**

The Foxit Reader is a small, fast, and feature rich PDF viewer which allows you to open, view, and print any PDF file. Unlike other free PDF readers, Foxit Reader also includes easy to use collaboration features like the ability to add annotations, fill out forms, and add text to PDF documents. Foxit Reader has a small footprint that starts up instantly, renders PDF files quickly and uses very little memory, which is especially important with today's hand-held devices. The Foxit Reader is packed full of convenient and easy to use viewing, editing and printing features that make document collaboration simple. Foxit Reader's secure platform insures worry free operation against malicious virus and provides a secure and reliable digital signature verification platform for exchanging electronics documents without putting the user at risk from falsified documents.

### **[FreemakeVideoConverter2.3.3.0.exe](#)**

Freemake Video Converter can transcode a huge array of video file types, including AVI, MOV, M4V, MP4, and FLV, and it can convert from virtually any audio file type into MP3. It also throws in photo support as an added bonus (not necessary, in our opinion, but still nice). Plus, it now lets you upload photos and MP3s to YouTube in addition to the standard video capability.

In addition, the software can back up DVDs in a variety of video formats, and it includes some handy helpers for converting video directly into a file type that's compatible with a particular device such as an iPhone 4, a Sony PSP, or a Zune. In this version, you can also create your own presets for devices, and burn high-definition video to Blu-ray discs. Freemake also offers companion freeware--Video Downloader--that lets you download content directly from more than 40 sites (such as Veoh and YouTube) and convert them in the process.

### **Gimp-2.6.11-i686-setup-1.exe**

GIMP is a versatile graphics manipulation package .Numerous digital photo imperfections can be easily compensated for using GIMP. Fix perspective distortion caused by lens tilt simply choosing the corrective mode in the transform tools. Eliminate lens' barrel distortion and vignetting with a powerful filter but a simple interface. GIMP is ideal for advanced photo retouching techniques. Get rid of unneeded details using the clone tool, or touch up minor details easily with the new healing tool. With the perspective clone tool, it's not difficult to clone objects with perspective in mind just as easily as with the orthogonal clone.

### **GNUCash 2.4.8-setup.Exe**

Designed to be easy to use, yet powerful and flexible, GnuCash allows you to track bank accounts, stocks, income and expenses. As quick and intuitive to use as a cheque book register, it is based on professional accounting principles to ensure balanced books and accurate reports.

- Double-Entry Accounting
- Stock/Bond/Mutual Fund Accounts
- Small-Business Accounting
- Reports, Graphs
- QIF/OFX/HBCI Import, Transaction Matching
- Scheduled Transactions
- Financial Calculations

### **Java jre-6u26-windows-i586-s.exe**

There are lots of applications and websites that won't work unless you have Java installed, and more are created every day. Java is fast, secure, and reliable. From laptops to data centres, game consoles to scientific supercomputers, cell phones to the Internet, Java is everywhere!

### **KeePass-1.20-Setup.exe**

KeePass is a free open source password manager, which helps you to manage your passwords in a secure way. You can put all your passwords in one database, which is locked with one master key or a key file. So you only have to remember one single master password or select the key file to unlock the whole database. The databases are encrypted using the best and most secure encryption algorithms currently known (AES and Twofish).

### **Lame3.98.4.zip**

Sometimes required to create MP3s ie with Cdex. Extract the .dll file and place it in the program directory.

### [LibO\\_3.4.4\\_Win\\_x86\\_install\\_multi.exe](#)

LibreOffice developed by the same software developers who created OpenOffice, currently it looks and feels very similar.

**Writer** is the word processor inside LibreOffice. Use it for everything, from dashing off a quick letter to producing an entire book with tables of contents, embedded illustrations, bibliographies and diagrams. The while-you-type auto-completion, auto-formatting and automatic spelling checking make difficult tasks easy (but are easy to disable if you prefer). Writer is powerful enough to tackle desktop publishing tasks such as creating multi-column newsletters and brochures. The only limit is your imagination.

**Calc** tames your numbers and helps with difficult decisions when you're weighing the alternatives. Analyze your data with Calc and then use it to present your final output. Charts and analysis tools help bring transparency to your conclusions. A fully-integrated help system makes easier work of entering complex formulas. Add data from external databases such as SQL or Oracle, then sort and filter them to produce statistical analyses. Use the graphing functions to display large number of 2D and 3D graphics from 13 categories, including line, area, bar, pie, X-Y, and net – with the dozens of variations available, you're sure to find one that suits your project.

**Impress** is the fastest and easiest way to create effective multimedia presentations. Stunning animation and sensational special effects help you convince your audience. Create presentations that look even more professional than the standard presentations you commonly see at work. Get your colleagues' and bosses' attention by creating something a little bit different.

**Draw** lets you build diagrams and sketches from scratch. A picture is worth a thousand words, so why not try something simple with box and line diagrams? Or else go further and easily build dynamic 3D illustrations and special effects. It's as simple or as powerful as you want it to be.

**Base** is the database front-end of the LibreOffice suite. With Base, you can seamlessly integrate your existing database structures into the other components of LibreOffice, or create an interface to use and administer your data as a stand-alone application. You can use imported and linked tables and queries from MySQL, PostgreSQL or Microsoft Access and many other data sources, or design your own with Base, to build powerful front-ends with sophisticated forms, reports and views. Support is built-in or easily addable for a very wide range of database products, notably the standardly-provided HSQL, MySQL, Adabas D, Microsoft Access and PostgreSQL.

**Math** is a simple equation editor that lets you lay-out and display your mathematical, chemical, electrical or scientific equations quickly in standard written notation. Even the most-complex calculations can be understandable when displayed correctly.  $E=mc^2$ .

LibreOffice also comes configured with a PDF file creator, meaning you can distribute documents that you're sure can be opened and read by users of almost any computing device or operating system.

### **LibO\_3.4.4\_Win\_x86\_helppack\_en-GB.exe**

### **Lightning-1.0b5-sm+tb-windows.xpi**

Calendar add on for Thunderbird. Can automatically login, display and edit remote calendars like Google Calendar or create your own calendars on your computer.

### **Malwarebytes mbam-setup-1.51.1.1800.exe**

Malwarebytes technology takes the next step in the fight against malware. Malwarebytes Anti-Malware PRO detects and removes malware where even the best known anti-virus and anti-malware applications fail.

### **MP3BookHelper2.3.4.exe**

This program provides rapid Mp3 (ID3v1, ID3v2) and Ogg/Speex/Flac Vorbis tags editing and file renaming functions. Mass Tag editing is done using special variables and Regular Expressions.

Undo and preview for all changes, capitalisation, search and replace, use parts of file name or directory structure for tags. Directory renaming and restructure based on tags. All customisable and configurable. Get the artist and album information from the freedb database over internet. *Warning: this program is difficult to use at first.*

### **Mp3gain-win-1\_2\_5.exe**

Tired of reaching for your volume knob every time your mp3 player changes to a new song?

MP3Gain analyses and adjusts mp3 files so that they have the same volume. MP3Gain does not just do peak normalisation, as many normalisers do. Instead, it does some statistical analysis to determine how loud the file actually sounds to the human ear. Also, the changes MP3Gain makes are completely lossless. There is no quality lost in the change because the program adjusts the mp3 file directly, without decoding and re-encoding.

### **Mp3tagv249setup.exe**

Mp3tag is a powerful and yet easy-to-use tool to edit metadata of common audio formats where it supports ID3v1, ID3v2.3, ID3v2.4, iTunes MP4, WMA, Vorbis Comments and APE Tags.

It can rename files based on the tag information, replace characters or words in tags and filenames, import/export tag information, create playlists and more.

Mp3tag supports online database lookups from, e.g., Amazon, discogs, or freedb, allowing you to automatically gather proper tags and cover art for your music library.

### **[OOo\\_3.3.0\\_Win\\_x86\\_install-wJRE\\_en-GB.exe](#)**

Replaced by LibreOffice.

### ***OOo Open Office GettingStarted.pdf***

User manual for starting off using the Open Office Suite – applies to LibreOffice

### ***Open Office Ch 3 Templates and Styles.pdf***

User manual dealing with templates and styles – applies to LibreOffice.

### **[PortableApps.com\\_Suite\\_Setup\\_1.6.1\\_English.exe](#)**

A fully open source and free platform, it works on any portable storage device (USB flash drive, iPod, memory card, portable hard drive, etc). With millions of users all over the world and a full collection of open source software as well as compatible freeware and commercial software and partners in the software and hardware industry, PortableApps.com is the most complete solution for life on the go.

### **[Startup Inspector isw2.exe](#)**

Startup Inspector for Windows is a Windows® platform software that helps both novice and expert user manage Windows® startup applications. On **www.windowsstartup.com**, there are more than 4,900 known programs in the database. Startup Inspector for Windows can thus provide a consultative information on the programs that are running at your Windows startup process. Whether a program is necessary to the system, or is the program a spyware.

- Scans all programs that are in the Windows Startup Folder, Registry and provide you with a background information of the program.
- Remove harmful programs like spyware, virus, diallers, make your system healthier.
- Remove unnecessary programs like reminders, monitors, improve your system performance.

### **[Thunderbird Setup 5.0.exe](#)**

Enjoy safe, fast and easy email, Mozilla-style. The Thunderbird email client includes intelligent spam filters, powerful search and customisable views.

### **[Tippl0win\\_v2-1-0.exe](#)**

TIPP10 is a free touch typing tutor for Windows. The ingenious thing about the software is its intelligence feature. Characters that are mistyped are repeated more

frequently. Beginners will find their way around right away so they can start practising without a hitch.

### **TreeSize Free V2.51**

Every hard disk is too small if you just wait long enough. TreeSize Free tells you where precious space has gone to.

TreeSize Free can be started from the context menu of a folder or drive and shows you the size of this folder, including its subfolders. You can expand this folder in Explorer-like style and you will see the size of every subfolder. All results can also be drilled down to the file level. Scanning is done in a thread, so you can already see results while TreeSize Free is working. The Explorer context menu is supported within TreeSize, as well as the usual drag & drop operations.

The disk space tool now also includes the main feature of our discontinued freeware NTFSRatio: TreeSize Free can display the NTFS compression rate.

### **TypeFaster-v0.4.2-install.exe**

This free typing tutor teaches you how to touch-type. Once you can touch-type you will not need to look at the keyboard to find the letters you want to type.

### **Utorrent.exe**

The BitTorrent protocol can be used to reduce the server and network impact of distributing large files. Rather than downloading a file from a single source server, the BitTorrent protocol allows users to join a "swarm" of hosts to download and upload from each other simultaneously. Download Films, CDs, ebooks etc.

### **VLC-1.1.11-win32.exe**

VLC is a free and open source cross-platform multimedia player and framework that plays most multimedia files as well as DVD, Audio CD, VCD, and various streaming protocols.

### ***Don't Forget:***

That there are many free programs available on the Internet. Programs such as **Picasa** are available free and ideal for cataloguing, cropping and making minor improvements to your digital photographs. For most people this program will be much more useful than **Gimp**. A simple search will find it (I haven't included it on this disk because most of the program is downloaded and installed directly from the Internet.

Please excuse any US spellings in this file; most of the information is a 'cut and paste' exercise from the software's own web sites. I have tried to correct them into British English (tautology?) but some may have slipped through.

The disk will contain some files not described in this document but they are usually manuals related to a program or 'useful' text or PDF files from the CPSA Dapto Seniors Kiosk. I hope the relationship of these documents to programs are self explanatory.

Enjoy...