

Join Us Now!

Membership is a modest \$12 a year

Meetings are held fortnightly

The club has activities every day of the week:

- Computer/Internet Classes
- Whist
- Heart Moves (Gentle Aerobics)
- Walking Group
- Monthly Bus Trips
- Craft
- Concert Group
- Carpet Bowls
- Two Holidays a Year
- Hit Show Tickets



Join in one of our many activities.

MEETING DATES 2012

19-Jan		
2-Feb	16-Feb	
1-Mar	15-Mar	29-Mar
12-Apr	26-Apr	
10-May	24-May	
7-Jun	21-Jun	
5-Jul	19-Jul	
2-Aug	16-Aug	30-Aug
13-Sep	27-Sep	
11-Oct	25-Oct	
8-Nov	22-Nov	
6-Dec		



CPSA Dapto Seniors

Dapto Branch of Combined Pensioners and Superannuants Association of NSW Inc

CPSA Dapto Seniors
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CPSA Dapto Seniors

The Local Club
for all Pensioners
and Superannuants



Retired?
This is for you...

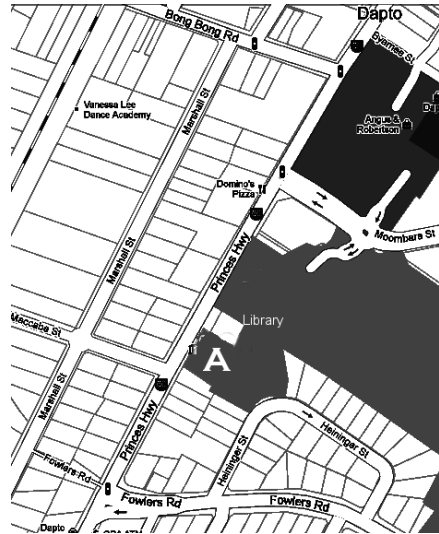


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A = Heining House

FORTNIGHTLY MEETING

The club meets every two weeks in the hall at Heining House adjacent to the Ribbonwood Centre on the highway near the centre of Dapto. Meeting dates for the year are on the back page.

For your SatNav:

Latitude -34.49744 Longitude 150.79317
That will take you straight to the car park.

Join us:

Meetings start at 10.30 am but come early to have a cup of tea, a chat, buy a raffle ticket and browse our trade table for bargains of household items, clothes, books, plants and much more.

WEEKLY ACTIVITIES

Craft - Monday 9 am and Tuesday 7 pm

A very social group. Knitting, sewing, crochet, quilting and many other activities. Exchange skills, techniques and ideas.

Concert Group - Monday 1 pm

Any talents? Singer, actor, musician... whatever it is the concert party has a place for you. Three concerts a year and a good time.

Computer Classes - Weekly

Free, personal instruction on using a computer and browsing the Internet. Course starts from the very basics such as using the mouse to more advanced techniques and moves at YOUR pace. Book an appointment at the next meeting.

Carpet Bowls - Tuesday 8 am

Another social group having a lot of fun. 8am too early? Never mind, come a bit later; the important thing is to enjoy yourself.

Whist - Wednesday 9.30 am to 2.15pm

All skill levels catered for. Good company, friendly competition. Bring lunch.

Heart Moves - Thursday Noon

Gentle aerobic exercises for fitness and health.

Walking Group - Fortnightly Fridays

Usually meet at Dapto railway station at 7.40 am to catch the 7.55 am Sydney train (occasionally we travel south but meet at the same time). If you are late - downstairs, second carriage. Details of the next walk at the meeting.

Bus Trips - Monthly

Fascinating visits to interesting places. Usually \$10 + any entry fee.

Theatre Trips

Take advantage of our group bookings to see the finest hit shows in Sydney at the best possible prices.

Holidays - Twice Yearly

Departing in Spring and Autumn usually for a 6 day tour.

Picnics and Lunches (about five a year)

Lunches and picnics are held throughout the year interspersed with the occasional pie and peas nights. Great fun for all concerned.



If you have any skill or ideas for a new group we always welcome new members and new ideas. Why not come along to a group activity and see if it suits you? We encourage you to call us and participate before you join.

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